

Mountain Christian School Extra – Curricular Athletics (MCSECA)

Principles of the MCSECA

- To ensure the well-being of the student-athlete.
- To ensure the well-being of all school and athletic programs.
- To ensure a program consistent with the values and goals of Mountain Christian School.

Purposes/Objectives of the MCSECA

- To provide students with the opportunity to explore and express themselves through athletic competition.
- To provide students with the opportunity to represent Christ, their family, their school and community.
- To contribute to the development of school spirit.
- To provide students with opportunities to participate in activities that promote healthy living.
- To provide a wide range of individual and team activities and allow students of all ability levels to participate.
- To allow as many student-athletes as possible to participate.
- To satisfy the need to socialize and broaden student experience.
- To teach the concepts of commitment, teamwork and work ethic.
- To teach the concepts of fair play and sportsmanship.
- To allow students to develop life-long skills and abilities.
- To promote the Code of Conduct for MCS players, spectators, parents, coaches, and teachers.

Overview of Athletic Activities

- For Elementary League Team Sports: Students in Grades 6 to 7 are able to compete (Grade 4&5 students able to tryout for the Gr. 6-7 Team). Grade 4-5's will have their own practices and league play.
- Students in all High school grades are able to compete in age appropriate competitions.
 - High school sports declaration and registration deadline: October 3
- Each year we will work towards as many competitive opportunities as possible.
- We will endeavor to be active in each local concentrated sport in both Elementary and High School, and provide comparative competitive sport alternatives for our district.

Cross Country Grades K-12 (September – November)

- Typically joins with Central (Eric Wolfe) for training and meets.

Volleyball Grades 6-12, Smashball Grades 3-5 (September – November)

- Elementary
 - League and Local tournament typically end of November
- High School – Girls and Boys
 - Championship Tournament typically first week in December

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Basketball Grades 4-12 (December - March)

- Elementary
 - Local tournament
- High School – Boys
 - Zones end of February
 - Championship typically mid-March

Soccer - Grades 4-12

- Elementary (April - June)
- High School – Boys (September – November)
 - Championship entry deadline: October 24, 2015
 - Championship dates typically first week in November
- High School – Girls (March – June)

Golf - Grades 3-12 (May-June)

Other Potential Programs

- Track and Field (April - June)
- Badminton
- Gymnastics
- As athletic interest warrants

Committees for Elementary and High School Extra Curricular Sports

The purpose of the Committee(s) is to provide recommendations and communication to the Administration/Board regarding the following:

- Schedules and rule changes that improve the program.
- Methods of increasing teacher, student, and parent participation in athletics.
- The coordination of release time for teachers and transportation for various events.
- Communication of roles for Zone and District Sports Coordinators.
- The coordination of Zone and District playoffs.
- To ensure that athletics policies and practices are consistently being followed in all school athletic programs.
- Coordinate Fundraising initiatives that are complementary to the school's other fundraising initiatives.

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Mountain Christian School Extra-Curricular Sports Policy

Preamble:

Extra curricular school sports is a privilege (not entitlement) to have the opportunity for development as a student athlete. Every opportunity is provided for students to succeed at their grade level. Elementary league sports are both grade specific and sometimes age specific, for the sake of this document, we will refer to grade and age as “grade”.

Policy:

1. Able bodied student athletes who are grade eligible are eligible to play on a team.
 - a. Elementary team games are fair play games, with the intention of providing playing opportunities for all participating athletes of the fielded team
 - b. For all grades, more skilled athletes may (at the discretion of the coaches and Athletic Director) benefit the team with more play time than developing players
 - i. Yet, it is essential for all elementary grade eligible athletes to have the opportunity to play in all of their team games with equitable amount of play time as possible.
 - c. It is expected that the student athlete will commit to all practices and games
 - i. It is also expected that student athletes who are not able to commit to all practices and games may experience an altered playing schedule for game play
 1. This allows for late season arriving student athletes the opportunity to develop skills before impacting the team in its skill progression thus far
 2. This allows for intermittent committed student athletes to augment their playing time conducive to skill development (ie: student athlete can only commit to half of the practices, it is at the discretion of the coaches and Athletic Director as to how much play time they may be allowed, this student may be asked to not participate in any games.)
 - d. the athlete is approved by their teacher to participate (on par with educational expectations)
2. any athletes who are not in the grades eligible for the league may be invited to play up into the grade or age specific league under these conditions:
 - a. It is deemed by the coach and Athletic Director that:
 - i. Allowable by BC School Sports
 - ii. the athlete has the skills for competing in the grade specific league
 - iii. the athlete has the emotional capacity for competing in the grade specific league
 - iv. the athlete would benefit the team
 - v. the athlete is able to commit to the team
 - vi. the athlete is approved by their teacher to participate (on par with educational expectations)
3. Team Expectations of Student Athlete
 - a. It is expected of all student athletes to commit to their team and make the team priority second only to family and school work.

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- b. It is an investment by the school and team to provide the opportunity for each athlete to compete on a team, it is expected that this investment will be honoured by each student athlete
 - c. Each athlete on a team is required to wear the track suit jacket with the MCS Rams logo to each competitive event.
4. It is expected of all student athletes to be respectful of all others at all times, this includes all teachers, coaches, fellow players, competing teams, officials, accommodation hosts, tournament hosts and all venues visited.
 - a. If disrespect is experienced, it is the duty of the coaches to address the athlete and work with the athlete to remediate.
 - b. If disrespect is unable to be remediated, further disciplinary actions may be taken by coaches
 - i. Disciplinary actions will include informing parents/guardians of the student athlete of the actions intended and taken
 - ii. A disciplinary report will also be provided to the Athletic Director and or school administration.
5. Home school students may request to practice and play within the MCS Athletic program. Any participation of a homeschool student will be at the discretion of the coach and Athletic Director. All highschool students will need to complete the necessary forms of bcschoolsports.
 - a. A registered student has first priority to play for teams with capped numbers of participants ie: a basketball team has nine competitive positions, there are nine able bodied registered students available to play, consequently the homeschool student is not able to play regardless of skill level.
 - b. A homeschool student has to cover all costs associated with gameplay.
6. All Code of Conduct violations will be reported to the coach of the team and the coach will inform the Athletic Director.
 - a. Code of conduct violations of players or parents/guardians will be addressed by the coach.
 - b. Code of conduct violations by the parents/guardians will be addressed by the coach and reported to the Athletic Director or Principal.
 - c. Code of conduct violations of coaches may be reported directly to the Athletic Director or School Principal.
 - d. All code of conduct violations will be treated with utmost respect and addressed in a spirit of reconciliation and possible restitution.

Resources: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4124108/> - Coaches Building Commitment